

February 2017

X TREME EVEREST

KnO₂wledge 10: Oxygen, Extreme Physiology and Critical Illness



Sherpa at the Summit of Everest

The conference will deliver the latest research, experiments and knowledge learnt from the Everest laboratory.

The conference will take place on the very days the team summited back in 2007, 23rd and 24th May, and will be held at the Royal Society of Medicine.

[More details](#)

BOOKING NOW FOR KNO₂WLEDGE 10

As 2017 marks the 10 year Anniversary of The Caudwell Xtreme Everest team's trek to the Summit of Mount Everest, this years KnO₂wledge conference couldn't be about anything else!

DATES FOR THE DIARY

Xtreme Everest: Taking Medicine from Mountain-side to Bedside, Talk by Professor Mike Grocott
Museum of London
21 March 2017

10th Anniversary of Xtreme Everest summit
23 May 2017

Celebration of Six Decades of Medicine on Everest
23 May 2017

Knowledge X: Oxygen
RSM, London
23 & 24 May 2017

The Vijay Ahuja Lecture

The Xtreme Everest Oxygen Research Consortium and the Royal Society of Medicine are pleased to announce the inclusion of The Vijay Ahuja Lecture as part of the KnO₂wledge 10 programme.

Vijay Ahuja, one of our Caudwell Xtreme Everest investigators, sadly passed away in December 2014. Vijay was a Surgeon Lieutenant Commander in the Royal Navy. Vijay had been a key member of the Cho Oyu 2005 research expedition, and a member of the Summit support climbing team for Caudwell Xtreme Everest in 2007.



Vijay Ahuja at Base Camp

In celebration of Vijay's life, his family have also set up the Vijay Ahuja Memorial Fund. Please feel free to visit the [website](#) to see its aims.

The family would welcome donations to his fund to help achieve their goals. The bank details are:

- **Bank account name** The Vijay Ahuja Memorial Fund
- **Sort code** 404304
- **Account number** 21886061

[More Details](#)



Remembering Xtreme Everest

If you have trekked with us in the past or have been involved with Xtreme Everest in any way we want to know your favourite memories and experiences from Everest (from 2007 and/or 2013). If you are interested in sharing your story with us, please [get in touch with us](#).

To read some of the core team memories [click here](#).

Liz Mooney is one of our fundraising trekkers, hoping to raise a significant sum of £500 for Xtreme Everest. Liz is undertaking the 10th Anniversary trek as part of her three month career break.

Throughout the trek Liz will also be blogging on her website (when she can!), so you too can see how the journey is going!



Liz Mooney

[More details](#)

More news you may have missed!

- [Xtreme Everest Archive: Headaches and Shakes](#)
- [RESEARCH FUNDING OPPORTUNITY!! - Research for Patient Benefit Programme](#)
- [Xtreme Everest: The Story So Far](#)

Want to stay in touch? Update your details

Xtreme Everest are currently updating their mailing list. If you think we may not have the latest contact details for you, [please get in touch](#).



DON'T FORGET!

News items are added to the website as they come in, so we recommend that you check www.xtreme-everest.co.uk regularly and www.case-medicine.co.uk

You can also find the latest news from the team by following us on Social Media:

 [@XtremeEverest](#)

 [@xtremeeverest](#)

 [@XtremeEverest](#)

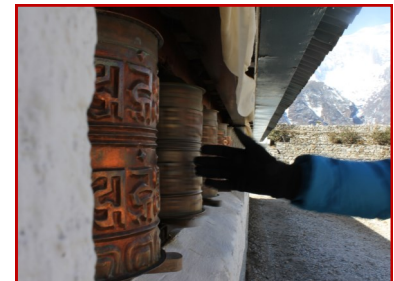
Xtreme Everest Gallery



By Nelson Diamond



By Alan Pearce



By Chris Tomlinson

X-TREME EVEREST